

Holy Angels School

Daily Health Check for STAFF, STUDENTS & VISITORS and 2022-2023 COVID-19 Guidance

Instructions:

★ **If you answer “YES”** to any of the questions below, please do NOT enter the school building/classroom. Contact the school nurse or office for additional guidance as needed. ★
If you answer “NO” to all questions you may enter the building.

Daily Health Assessment Questions:

1. Have you had a fever of over 100 F or greater in the past 24 hours without temperature reducing medicines such as acetaminophen or ibuprofen?

2. Do you have any of the following symptoms?

- Difficulty breathing/shortness of breath • New onset of abdominal pain •
- New loss of smell/taste Nausea/vomiting/diarrhea • New onset of severe headache.
- New onset of cough/change to baseline or dry persistent cough that leaves you short of breath

3. Do you have two or more of the following symptoms?

- Chills/rigors • Fatigue
- Sore throat • Headache
- Congestion/runny nose • Muscle/body aches

4. Have you been tested for COVID due to current illness AND awaiting test results OR exposed within the last 14 days with someone with a confirmed diagnosis of COVID-19 AND are having COVID-19 symptoms?

5. Have you tested positive for COVID? If you are a student or staff **AND** have tested positive for COVID, please complete the [COVID-19 FORM](#) in this link.

Test Positive for COVID-19 - Isolation Guidelines

Those that test positive for COVID -19 (regardless of vaccination status) should isolate at home for 5 days, on day 6, if no symptoms are present, they may leave their home but continue wearing a face mask when around others until day 10.

COVID -19 Exposure - MASK TO STAY School Guidelines

If students or staff have been exposed to someone with a confirmed case of COVID-19 (regardless of vaccination status or masking) they may remain in the classroom environment if they do the following:

- **Wear a mask for 10 days after their last date of exposure.**
- Self-monitor, or parent-monitor, for symptoms of [COVID-19](#).
- Isolate and get tested if COVID-19 symptoms develop (regardless of level of severity).
- If you do not develop symptoms, testing on Day 5 after exposure is recommended.

MASK to STAY only applies to the school environment. For exposures outside the school environment, quarantine is STILL recommended for those who are not up-to-date on their COVID-19 vaccinations.

General COVID-19 Prevention

1. Assess for COVID-19 symptoms before entering the building. Assess your health daily and follow [quarantine/isolation](#) recommendations. When in doubt, TEST to prevent the spread to others.
2. If you are eligible for the COVID-19 vaccine, it is recommended that you get vaccinated.
3. When possible, maximize the distance between you and others. Avoid poorly ventilated spaces and crowds. 4. Masking recommendations are based on [COVID-19 Community Levels](#). People with symptoms, a positive test, or exposure to someone with COVID-19 must wear a mask.
5. Wash hands frequently for a minimum of 20 seconds and use proper respiratory etiquette (cover cough/sneezes).
6. Increase ventilation to the extent possible and clean/disinfect high touch surfaces routinely. 7. If traveling, please review [CDC Updates Travel Guidance for COVID-19](#) and take precautions.

If you have any questions contact the school nurse 937-229-5959(nrichardson@holyangelsdayton.org). If you are not sure you should send your child to school, keep them home and contact the school office.

If you or anyone in your household test positive for COVID -19, please complete the [COVID-19 Form](#)